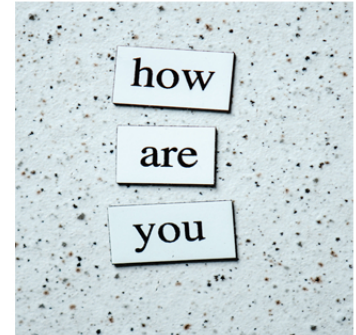


## How Are You Doing?, Just Fine Thanks!



Group Size: 10 - 16

Key Stages: KS3, KS4, KS5

Team Building Skills : Trust, Communication

Equipment: Blindfolds

To begin with the group will need to stand in a circle.

The instructor / teacher will then need to tell everyone to turn to the person on their right. They then need to say "How are you doing?". The person to the right should then answer "Just fine thanks".

This should happen 6 times. Once this is complete everyone should put on a blindfold and the group should carefully mix themselves up.

When the instructor / teacher then says to reform the group need to try and reform the circle with each person back in exactly the same configuration. To do this all they can say to each other is "How are you doing?" or "Just fine thanks".

When taking part in a blindfolded activity a safe activity area must be created with no obstacles. Also a sensible and calm approach will be required.