

## Mirror Mirror



Group Size: Work in group of 2

Key Stages: KS1, KS2, KS3, KS4, KS5

Team Building Skills : Cooperation, Focus, Attention to detail

Equipment: No equipment needed

Mirror Mirror is a very simple but very effective cooperation game.

The students will need to work in groups of two. The instructor / teacher will need to ask the students to stand close to and facing their partner.

The two students will take it in turns in leading a series of actions. Their partner will try to mirror whatever they do.

It is a good idea to tell the students to start the exercise nice and slow. This will allow them to get use to what they need to do.

Once they are more confident they can speed up the actions. As they practice they will get better at spotting face expressions, smaller movements and other subtle changes.