

The River



Group Size: Unlimited, although space dependant

Key Stages: KS1, KS2, KS3, KS4, KS5

Team Building Skills: Following instructions, Individual thinking

Equipment: Chalk, tape or rope

This activity is great for big groups. You will need to mark two parallel lines on the floor. This may be done using rope, tape or chalk. The lines represent two river banks with a the river in the middle. Split the group into two and get them to line up on either side of the river bank facing each other.

The instructor / teacher then needs to repeatedly make only two calls "in the river" or "on the bank". When each command is given the participants have to jump with BOTH feet either into the river or onto the bank or just stay where they are. For those who fall, stumble or one foot gets it wrong, they are out. The participants will start to whittle down slowly. When you're down to the last (approx) 10% or participants the calls can become just "River" and "Bank" so to increase the difficulty.

This is an addictive game where students will want to better themselves and they will want to play many times!